

# PATIENT PERSONAL/CONFIDENTIAL DATA

No. \_\_\_\_\_ Date: \_\_\_\_\_  
Patient: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Social Security No. \_\_\_\_\_  
City: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
State \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Zip \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
How did you hear of this clinic? \_\_\_\_\_

## PATIENT HEALTH QUESTIONNAIRE

Describe your current complaints (Begin with what bothers you the most) \_\_\_\_\_  
\_\_\_\_\_

When did the symptoms begin? \_\_\_\_\_

What caused these symptoms? \_\_\_\_\_  
\_\_\_\_\_

Describe your symptoms (Circle):    Sharp                  Dull Ache                  Numb                  Burning                  Tingling  
Other: \_\_\_\_\_

Do your symptoms radiate? If so, Where? \_\_\_\_\_

What is the severity of your symptoms?    0    1    2    3    4    5    6    7    8    9    10

Are your symptoms (Circle One):                  Coming & Going                  Frequent                  Constant

If your symptoms come and go or are frequent, how long do they last? \_\_\_\_\_

Are your symptoms (Circle One):                  Getting Better                  Not Changing                  Getting Worse

What activities make your symptoms WORSE? (Circle all that apply)

Sitting                  Standing                  Laying                  Walking                  Running                  Sleeping                  School  
Work                  Driving                  House Work                  Golf                  Yard Work                  Exercise                  Bending  
Other: \_\_\_\_\_

What makes your symptoms BETTER? (Circle all that apply)

Sitting                  Standing                  Laying                  Walking                  Sleeping                  Bending                  Rest  
Ice                  Heat                  Drugs                  Massage                  Physical Therapy  
Other: \_\_\_\_\_

What else have you tried to ease your symptoms that did not hurt nor help? \_\_\_\_\_  
\_\_\_\_\_

Who else have you seen for your current symptoms? (Circle all that apply)

NO ONE      Medical Doctor      Other Chiropractor      Physical Therapist      Other: \_\_\_\_\_

What tests have been performed for your symptoms?      X-Rays date \_\_\_\_\_

MRI date \_\_\_\_\_      CT Scan date \_\_\_\_\_      Other date \_\_\_\_\_

Have you had similar symptoms in the past?      YES      NO

If yes, Describe what and when: \_\_\_\_\_

If yes, Who did you see and did it help? \_\_\_\_\_

What is your Occupation? \_\_\_\_\_

Are your symptoms affecting your work?      YES      NO

HOW? \_\_\_\_\_

How would you describe your exercise?      None      Light      Moderate      Strenuous

How would you describe your diet?      Poor      Average      Healthy

How would you describe your stress?      None      Light      Moderate      Very Stressed

List all surgeries and hospitalizations with dates: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List ALL medications and supplements: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any other traumas including vehicle accidents, work accidents, sports injuries with dates: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has an IMMEDIATE family member had any of the following: (Circle all that Apply)

Rheumatoid Arthritis      Heart Disease      Diabetes      Cancer      Lupus

Patient Signature: \_\_\_\_\_      Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_      Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_      Date: \_\_\_\_\_

## **INFORMED CONSENT**

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

### **The nature of Chiropractic Adjustment**

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click," much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

### **Analysis/Examination/Treatment**

As a part of the analysis, examination, and treatment, you are consenting to the following procedures:

- |  |   |
|--|---|
| <input type="checkbox"/> Spinal manipulative therapy | <input type="checkbox"/> Palpation                  |
| <input type="checkbox"/> Range of motion testing     | <input type="checkbox"/> Orthopedic testing         |
| <input type="checkbox"/> Muscle strength testing     | <input type="checkbox"/> Postural analysis          |
| <input type="checkbox"/> Laser light therapy         | <input type="checkbox"/> Traction                   |
| <input type="checkbox"/> Radiographic studies        | <input type="checkbox"/> Physical therapy/exercises |
| <input type="checkbox"/> Other (please explain)      | <input type="checkbox"/> Stretching                 |
| <input type="checkbox"/> Acupressure/ Accustim       | <input type="checkbox"/> Manual muscle therapy      |
| <input type="checkbox"/> Vital signs                 | <input type="checkbox"/> Basic neurological testing |
| <input type="checkbox"/> EMS                         |   |

### **The material risks inherent in Chiropractic Adjustment.**

As with any health care procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

### **The probability of those risks occurring.**

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the history part of your examination and X-ray. Stroke has been subject of tremendous disagreement. The incidences of stroke are exceedingly rare and estimated to occur between one in one million and one in five million cervical adjustments. The other complications are generally described as rare.

### **The availability and nature of other treatment options**

- Other treatment options for your condition may include:
- Self-administered, over-the-counter analgesics and rest
  - Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain killers
  - Hospitalization
  - Surgery

If you choose to use one of the above noted "other treatment" options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**The risks and dangers attendant to remaining untreated**

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.  
PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW.**

I have read or have had read to me the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Dr. Ethen and have had my questions answered to my satisfaction. By signing below I stated that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risk, I hereby give my consent for treatment.

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_\_  
**Signature of Parent or Guardian**

**Insurance Information**

I understand and agree that health and accident insurance policies are an agreement between an insurance carrier and myself. Furthermore, I understand that this Chiropractic office will prepare any necessary reports and forms to assist me in making collections from the insurance company and that any amount authorized be paid directly to this chiropractor office will be credited to my account upon receipt. However, I clearly understand that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional service rendered to me will be immediately due and payable.

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

\_\_\_\_\_  
**Patient Signature:**

\_\_\_\_\_  
**Signature of Parent or Guardian**

**Consent of Professional Services and Release of Information**

I hereby authorize and release the doctor and whomever he/she may designate as his/her assistants to administer treatment, physical examination, x-ray studies, laboratory procedures, chiropractic care or any clinic services that he/she deems necessary in my case; and I further authorize him/her to disclose all or any part of my (patients) any person or cooperation which is or may be liable under to the clinic or to the patient for all or part of the clinic's charge, including, but not limited to hospital or medical service companies, workers compensation, welfare funds, the patient's employer.

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_\_  
**Signature of Parent or Guardian**

\_\_\_\_\_  
**Physician Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_

**Ethen Chiropractic & Wellness, S.C.  
Lakefront Chiropractic Center  
Joseph Ethen DC, MS, ATC  
630 Vernon Ave. Ste. F  
Glencoe, IL 60022  
847-835-4700  
Fax: 847-835-8408**

**PRACTICE REQUIREMENTS**

The Practice:

- (a) Is required by federal law to maintain the privacy of your PHI and to provide you with this Privacy Notice detailing the Practice's legal duties and privacy practices with respect to your PHI.
- (b) Under the Privacy Rule, may be required by State law to grant greater access or maintain greater restrictions on the use or release of your PHI than that which is provided for under federal law.
- (c) Is required to abide by the terms of this Privacy Notice.
- (d) Reserves the right to change the terms of this Privacy Notice and to make the new Privacy Notice provisions effective for your entire PHI that it maintains.
- (e) Will distribute any revised Privacy Notice to you prior to implementation.
- (f) Will not retaliate against you for filing a complaint.

**EFFECTIVE DATE**

This Notice is in effect as of 02/13/06.

**PATIENT ACKNOWLEDGEMENT**

By subscribing my name below, I acknowledge receipt of a copy of this Notice, and my understanding and my agreement to its terms.

\_\_\_\_\_  
Patient

\_\_\_\_\_  
Date